

**THE ISA CAFÉ MENU**  
**WEEK BEGINNING MONDAY 30 AUGUST 2010**  
**Opening Hours: 7.30 am - 3.30 pm**

**Monday**

Home Made Soup of the Day  
 Chef's Special Dish of the Day  
 Pasta/Rice Dish  
 Pizza or Panini  
 Potato & Vegetable

Sweet Potato & Pepper  
 Sweet Crispy Chilli Beef & Rice  
 Tomato or Garlic Prawn Sauce  
 Panini  
 Herb Steamed Potatoes, Bean & Pepper

**Tuesday**

Home Made Soup of the Day  
 Chef's Special Dish of the Day  
 Pasta/Rice Dish  
 Pizza or Panini  
 Potato & Vegetable

Minestrone  
 Golden Breaded Chicken Kiev Filled With Garlic Butter  
 Tomato or Cheddar Cheese Sauce  
 Pizza  
 Potato Wedges, Cabbage & Sweetcorn

**Wednesday**

Home Made Soup of the Day  
 Chef's Special Dish of the Day  
 Pasta/Rice Dish  
 Pizza or Panini  
 Potato & Vegetable

Chicken Broth  
 Cajun Spiced Chicken Fillet or Beef Steak in a Ciabatta Roll  
 Tomato Sauce or Mushroom Risotto  
 Toasty  
 Curly Fries, Carrots & Peas

**Thursday**

Home Made Soup of the Day  
 Chef's Special Dish of the Day  
 Pasta/Rice Dish  
 Pizza or Panini  
 Potato & Vegetable

Chunky Vegetable  
 Tender Beef Stroganoff & Boiled Rice  
 Tomato or Thai King Prawn Curry  
 Pizza  
 Baby Boiled Potatoes, Carrots & Sprouts

**Friday**

Home Made Soup of the Day  
 Chef's Special Dish of the Day  
 Pasta/Rice Dish  
 Pizza or Panini  
 Potato & Vegetable

Lightly Spiced Lentil  
 Battered Fish or 100% Fish Fingers  
 Cheese Sauce or Beef & Tomato Noodles  
 Panini  
 Chips, Peas & Sweetcorn

**WEEKLY SALAD & SANDWICH MENU**

SANDWICH SELECTION	SALAD SELECTION Core Salad Plus Weekly Specials	BAKED POTATO
Core Selection or Pre-order with Filling of Your Choice	Spanish Omelette Three Cheese Coleslaw Smoked Salmon Pasta Russian Salad	Plain or With Filling or Your Choice

**PARENT NOTES**

Grades K – 2 are served with a tray which includes a choice of Main Meal, Pasta/Rice or Panini. Also included are vegetables, potatoes and desert (fruit only). However, if the Main Meal, Pasta/Rice or Panini is not selected children must ask for an alternative and a Baked Potato With Filling or Soup and a Sandwich will be offered. Ice cream or fresh fruit pots can be purchased separately if desired.