

**THE INTERNATIONAL CAFÉ MENU**  
**WEEK BEGINNING TUESDAY, 13<sup>TH</sup> MAY 2019**  
**Opening Hours: 7.30 am - 3.30 pm**

**Monday**

Home Made Soup of the Day	Carrot & Coriander v GF
Chef's Special Dish of the Day	Cajun Chicken in Mild Sauce with Rice H GF or Quorn and Black Bean Chilli v GF
Pasta/Rice Dish	Tomato v or Cheese Sauce v
Pizza or Panini	Tomato & Cheese v or Ham & Cheese Panini
Potato & Vegetable	Steamed Baby New Potatoes, Carrots

**Tuesday**

Home Made Soup of the Day	Leek & Potato v GF
Chef's Special Dish of the Day	Chicken Tikka Curry H GF with Rice and Naan Bread
Pasta/Rice Dish	Chunky Tomato v or Spinach Sauce v
Pizza or Panini	Cheese v or Pepperoni Pizza
Potato & Vegetable	Roast Baby New Potatoes, Broccoli & Green Vegetables

**Wednesday**

Home Made Soup of the Day	Tomato v GF
Chef's Special Dish of the Day	Beef Sausages GF-option or Roasted Vegetable Couscous v
Pasta/Rice Dish	Carbonara or Cheese Sauce v
Pizza Panini	Toasty
Potato & Vegetable	Mashed Potato, Corn on the Cob

**Thursday**

Home Made Soup of the Day	Chicken Noodle H
Chef's Special Dish of the Day	Steak & Onion Pie GF-option
Pasta/Rice Dish	Tomato v or Macaroni Cheese v
Pizza or Panini	Pizza
Potato & Vegetable	Croquette Potatoes, Corn on the Cob

**Friday**

Home Made Soup of the Day	Lentil v GF
Chef's Special Dish of the Day	Breaded Scampi or Battered Fresh Haddock GF option
Pasta/Rice Dish	Tomato v or Cheese Sauce v
Pizza or Panini	Meat & Cheese or Cheese Panini v
Potato & Vegetable	Fries, Peas & Sweetcorn

H - Halal assured GF- Gluten free (for gluten free option please ask) V-Vegetarian

**WEEKLY SALAD & SANDWICH MENU**

<b>SANDWICH SELECTION</b>	<b>SALAD SELECTION</b> Core Salad Plus Weekly Specials	<b>BAKED POTATO</b>
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**PARENT NOTES**

Grades K – 2 are served with a tray which includes a choice of Main Meal, Pasta/Rice or Panini. Also included are vegetables, potatoes and fruit. However, if the Main Meal, Pasta/Rice or Panini is not selected, children must ask for an alternative and a Baked Potato with Filling or Soup and a Sandwich will be offered. will be offered. Extra dessert options can be purchased separately if desired.