THE INTERNATIONAL CAFÈ MENU WEEK
BEGINNING MONDAY, 27TH MAY 2019
Opening Hours: 7.30am - 3.30pm

Monday

Home Made Soup of the Day	Chinese Noodle V
Chef's Special Dish of the Day	Macaroni Cheese or Creamy Vegetable Curry & Rice V GF
Pasta/Rice Dish	Chunky Tomato Sauce V GF or Noodle Chow Main V
Pizza or Panini	Cheese Panini or Roasted Tomato & Pepper Panini V
Potato & Vegetable	Croquette Potatoes, Corn on the Cob

Tuesday

Home Made Soup of the Day	Mushroom V GF
Chef's Special Dish of the Day	Creamy Chicken Stroganoff with Rice H GF or Steamed Salmon GF
Pasta/Rice Dish	Roasted Tomato V or Spinach Sauce V
Pizza or Panini	Cheese V or Pepperoni Pizza
Potato & Vegetable	Steamed Potatoes, Broccoli & Peas.

Wednesday

Home Made Soup of the Day	Tomato V GF
Chef's Special Dish of the Day	Stir Fry Beef Strips & Vegetables with Noodles or Sweat Potato Dahl Pies V
Pasta/Rice Dish	Ratatouille V GF or Carbonara Sauce
Pizza or Panini	Chicken Cajun H or Cheese & Onion V Wraps
Potato & Vegetable	Potato Wedges, Corn on the Cob

Thursday

Home Made Soup of the Day	Sweet Potato & Butternut Squash V GF
Chef's Special Dish of the Day	Steak & Onion Pie with Puff Pastry GF option
Pasta/Rice Dish	Four Cheese Sauce V or Classic Creamy Sausage Sauce
Pizza or Panini	Pizza
Potato & Vegetable	Potato Bake, Roasted Vegetables

Friday

Home Made Soup of the Day	Red Lentil & Chickpea V GF
Chef's Special Dish of the Day	Breaded Chicken H or Battered Fresh Haddock GF option
Pasta/Rice Dish	Tomato Sauce V GF or Vegetable Paella V GF
Pizza or Panini	Cheese V or Mixed Meat & Cheese Panini
Potato & Vegetable	Fries, Peas & Sweetcorn

H - Halal assured GF- Gluten free (for gluten free option please ask) V-Vegetarian

WEEKLY SALAD & SANDWICH MENU		
SANDWICH SELECTION	**SALAD SELECTION** **Core Salad Plus Weekly Specials**	**BAKED POTATO**

PARENT NOTES

Grades K – 2 are served with a tray which includes a choice of Main Meal, Pasta/Rice or Panini. Also included are vegetables, potatoes and fruit. However, if the Main Meal, Pasta/Rice or Panini is not selected, children must ask for an alternative and a Baked Potato with Filling or Soup and a Sandwich will be offered. Extra dessert options can be purchased separately if desired.