



## Information for families living in Scotland

### Taking Care of Children

This leaflet tells you about Scotland's laws on protecting and caring for children and young people. It also tells you about what is expected of adults who look after children.

In Scotland, the law says parents must:

- Promote the general welfare, health and full development of their children and
- Protect them from harm

Anyone who cares for a child is also responsible for making sure they are safe and well at all times.

### The Law

In Scotland, generally speaking, a child is someone who is under the age of 16.

The law on children and young people in Scotland is based on the principles that:

- The child's welfare comes first
- All children have a right to be protected from all forms of abuse, neglect or exploitation
- Parents should normally be responsible for bringing up their children

There are various laws in Scotland, which are designed to make sure that children and teenagers are properly protected and cared for. The Police are responsible for enforcing these laws, but all agencies and public bodies have responsibilities in making sure that the laws aren't broken. We also recognise that it is everyone's job to make sure that children and young people are safe whether they are parents or members of the public.

### Physical punishment of children

In Scotland the law protects children and young people from any punishment:

- that is too harsh
- that involves too much force
- that harms them

You should not discipline your child in ways that involve hitting them, or beating them.

It is against our laws to punish children in a dangerous way such as:

- Shaking
- Hitting on the head
- Using something to "punish" children (such as a shoe, cane, slipper)

Child Protection Services will investigate any signs that a child has been physically abused.

These dangerous forms of physical punishment are against the law in Scotland.

### Children left alone

You should never leave young children alone, not even for a short period of time. The Police will investigate (and legal action may be taken) if a child is injured or harmed because they have been left alone.

- Always leave your child in the care of an adult you trust
- You should always make sure that anyone who looks after your child is responsible and that you trust them.
- Never leave your child with a stranger.

### Children and work

In Scotland, children under the age of 13 are not allowed to work. No child under 16 may be employed before 7am or after 7pm. Children under 16 are not allowed to work more than 2 hours a day on any day, excluding Saturday, when they are allowed to work up to 5 hours (if under 15) or 8 hours (if 15 or over).

Children cannot work during school hours and can only work 1 hour before school begins. It is prohibited for children to work in any industrial places (including factories and building sites) or in any work that is likely to harm their health, wellbeing or education.

### **Children and begging**

In Scotland, it is illegal for parents and people who look after children to allow children to beg. It is a crime to make or allow children under the age of 16 to beg. This means that parents are responsible for their children and may be prosecuted should they allow their children to beg. It is likely that if members of the public see children begging, they will tell the Police.

### **Female Genital Mutilation (FGM)**

It is a crime in Scotland:

- to do this operation
- to do this operation in a different country
- to arrange for this operation to be done in a different country even if it is legal there.

Female Genital Mutilation is extremely harmful. It can cause long-term mental and physical suffering. It violates the most basic of human rights and is illegal in Scotland.

### **Forced Marriages**

Forced marriage is illegal in Scotland and is considered to be an abuse of human rights.

The Police will investigate if a crime has been reported where a child or young person has been forced to marry against their wishes.

Children who are forced into marriage or subjected to emotional, physical or sexual abuse as a result, are protected by law and abuse will be investigated by Child Protection Services.

### **Sexual activity and young people**

It is an offence in Scotland for adults to have sexual relationships with children under the age of 16.

Young people have a natural interest in sex and sexual relationships. They have a right to receive Health Education, support and protection. This is recognised by the Education and Health Services in Scotland.

However, adults have a responsibility to identify when any relationships with young people may be abusive or exploitative. Adults should respond and offer support if they think this is happening. In such cases adults must always think about reporting the matter to the authorities so that the young person concerned can be properly protected.

It is important to know that adults may "groom" or prepare children and young people with the aim of harming them. "Grooming" is where adults may contact and make friends with a child or young person so that they can sexually abuse them. If you believe that your child or another child is being contacted in this way, get advice and support and always report this to the Police.

### **Your responsibility**

If you are a parent or caregiver, you are responsible for the safety and wellbeing of your children.

Normally, parents meet their responsibilities with no need for state agencies to get involved. It is important in Scotland that the conduct of family life is usually left to parents and family members. However, it is equally important that protecting children and young people and keeping them well is a priority for everyone.

If you need any assistance about any of these issues, there are a number of agencies which can help.

## **Aberdeen City**

Family Information Service: 0300 0200293

Social Work Reception Team 0800 7315520

**Out-of-hours Social Work (evenings, weekends and public holidays): 01224 693936**

## **Aberdeenshire**

Social Work Monday - Friday during office hours: Contact your local Social Work Office

**Out-of-hours Social Work (evenings, weekends and public holidays): 03456 08 12 06**

## **Moray**

Duty Social Work (Triage 01343 563900)

**Out-of-hours Social Work (evenings, weekends and public holidays): 03457 565 656**

**Police: 101**

**Emergency services: Police, Fire Service, Ambulance: 999**

### **Health Services**

NHS 24 (open 24 hours) - 111

**Childline: 0800 1111**

**Parentline: 08000 282 233**