

THE ISA CAFÉ MENU
WEEK BEGINNING MONDAY 25TH MARCH 2019
Opening Hours: 7.30 am - 3.30 pm

Monday

Home Made Soup of the Day
 Chef's Special Dish of the Day
 Pasta/Rice Dish
 Pizza or Panini
 Potato & Vegetable

Leek & Potato GF v
 Macaroni Cheese v or Lentil & Carrot Lasagne v GF-option
 Tomato GF v
 Panini
 Potato Croquettes, Carrots & Peas

Tuesday

Home Made Soup of the Day
 Chef's Special Dish of the Day
 Pasta/Rice Dish
 Pizza or Panini
 Potato & Vegetable

Vegetable & Chickpea GF v
 Chilli Bean & Rice Burrito with Salsa v or Noodle Chow Mein GF-option
 Tomato v or Fried Paella GF
 Pizza
 Potato Wedges, Vegetables

Earth day V

Home Made Soup of the Day
 Chef's Special Dish of the Day
 Pasta/Rice Dish
 Pizza or Panini
 Potato & Vegetable

Cream of Tomato GF v
 Vegetable Samosas & Bhajis with Rice or Southern Quorn Burger v GF option
 Cheese Sauce or Tomato Risotto GF v
 Cheese Quesadillas or Tomato, Pickle & Onion Quesadillas
 Fries, Corn Cobs

Thursday

Home Made Soup of the Day
 Chef's Special Dish of the Day
 Pasta/Rice Dish
 Pizza or Panini
 Potato & Vegetable

EARLY DISMISSAL AT 11:00AM – PARENT/TEACHER CONFERENCES

Friday

Home Made Soup of the Day
 Chef's Special Dish of the Day
 Pasta/Rice Dish
 Pizza or Panini
 Potato & Vegetable

PARENT/TEACHER CONFERENCES – NO SCHOOL FOR STUDENTS

H - Halal assured GF- Gluten free (for gluten free option please ask) v-vegetarian

WEEKLY SALAD & SANDWICH MENU

SANDWICH SELECTION	SALAD SELECTION Core Salad Plus Weekly Specials	BAKED POTATO
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PARENT NOTES

Grades K – 2 are served with a tray which includes a choice of Main Meal, Pasta/Rice or Panini. Also included are vegetables, potatoes and fruit. However, if the Main Meal, Pasta/Rice or Panini is not selected, children must ask for an alternative and a Baked Potato With Filling or Soup and a Sandwich will be offered. Extra dessert options can be purchased separately if desired.